

But I Could Never Go Vegan 125 Recipes That Prove You Can Live Without Cheese It S Not All Rabbit Food And Your Friends Will Still Come Over For Dinner By Kristy Turner

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"Pressestimmen **One of Amazon's Best Books of the Month in Cookbooks, Food & Wine** 'Charming.'--**Washington Post** 'Turner's book is both beautiful and inspiring. Vegan foodies and foodies considering becoming vegan will be eager to break out their farro, sriracha, and liquid smoke, and have fun in the kitchen.'--**Library Journal** 'Home cooks are given invaluable how-to's to get started with vegan cooking. . . . Gift-worthy.'--**Publishers Weekly** 'A treasure trove of new flavour combinations Vegan or not, kitchen newbie or five star chef, there is something for everyone in this fun cookbook. The most tongue-in-cheek and delicious piece of food activism to date, this book is a must read.'--**T.O.F.U. Magazine** 'A goal of the author, who is the writer and food stylist behind the vegan food blog, 'Keepin It Kind, ' is to make vegan cooking accessible for everyone. She's clearly succeeded with this delightful and approachable book.'--**Cookbook Digest** 'This cuisine is delicious.'--**Vegetarian Journal** 'Doesn't skimp on flavor, just the red meat.'--**Metro Boston** 'Tackles food myths with delicious recipes. . . . Beautiful photos illustrate almost every recipe, showing how appetizing these dishes are, and there are plenty of how-to photos.'--**Oregonian** 'The recipes cover all the basics . . . but also offer more adventurous fare This book covers all the vegan bases.'--**Portland Press Herald** 'Best Aspect: A wide variety of recipes for condiments, cheesy dishes without dairy cheese, fancy dinner party dishes and desserts.'--**Detroit Free Press** 'Buy this book. Banish those excuses. Have fun along the way.'--**Marin Independent Journal**

'Even to a committed carnivore, Turner's whimsically seasoned tone is at once inviting and authoritative. Hey, you could do this!--**Virginian Pilot** 'Kristy Turner's But I Could Never Go Vegan! is nothing short of brilliant! This isn't just a beautiful vegan cookbook; it's a resource guide that will help you excuse-proof your diet. If you have a dilemma, Kristy has the answer!' --**Angela Liddon**, New York Times--bestselling author of The Oh She Glows Cookbook and creator of OhSheGlows.com 'With warmth, humor, and great recipes, Kristy Turner combats excuses people commonly use to defend their dietary status quo. Those who think they can't be satisfied without eating beef, for example, will do well to get acquainted with her plant-based fajitas, sloppy Joes, tacos, and more. But I Could Never Go Vegan! is guaranteed to change hearts and minds one meal at a time.' --**Gene Baur**, president and cofounder of Farm Sanctuary, author of Farm Sanctuary: Changing Hearts and Minds About Animals and Food 'I can't imagine a vegan primer that is more humorous, welcoming, or wise than Kristy Turner's spectacular But I Could Never Go Vegan!

If you're considering switching over to a plant-based diet--or simply eating a few more vegetarian meals--Kristy's spectacular recipes and practical guidance will give you all of the inspiration you need. Most of all, her gentle and witty voice will guide you through all of the inevitable anxieties, stumbling blocks, and mishaps that accompany a lifestyle change. This book is beautiful, creative, whimsical, and profoundly inspiring.' --**Gena Hamshaw**, author of Choosing Raw; www.choosingraw.com 'Kristy's book had us smiling from the moment we read the table of contents. Its lighthearted approach and delicious recipes will appeal to everyone. This is a must-read for anybody who believes life without cheese isn't possible.' --**Rich Landau and Kate Jacoby**, chefs and owners of Vedge restaurant and coauthors of Vedge 'I love the creative, whole-foods recipes in But I Could Never Go Vegan! Kristy Turner has heard all the excuses and has a response for each. It's true, no life is complete without the occasional calzone--but stuff 'em with Kristy's Buffalo Cauliflower and Cashew Blue Cheese and you can have calzones and be vegan too. Get ready for your taste buds to explode.' --**Isa Chandra Moskowitz**, bestselling author of Veganomicon and Isa Does It 'There's no such thing as 'can't' when it comes to compassion, and in But I Could Never Go Vegan!, Kristy Turner proves it with an array of inventive plant-based recipes and dazzling photographs.' --**Colleen Patrick-Goudreau**, bestselling author of six books, including The Joy of Vegan Baking and The 30-Day Vegan Challenge 'Kristy and Chris have taken everything I love about their blog and somehow upgraded it, putting together one helluva cookbook with tons of helpful information and crazy good recipes that are sure to please hard-core vegans, curious newbies, and dabbling omnivores alike. Now, if we could only figure out some way to get those Chickpea Sloppy Joes hooked up to me 24/7 through an IV . . .' --**Randy Clemens**, author of The Sriracha Cookbook, The Veggie-Lover's Sriracha Cookbook, and The Craft of Stone Brewing Co. Über den Autor und weitere Mitwirkende A self-described former 'die-hard cheese nerd,' **Kristy Turner** is now the writer,

recipe developer, and food stylist behind the vegan food blog Keepin' It Kind. Once a professional fromagier and mutterer of the words, 'I could never be vegan,' Kristy now loves her compassionate lifestyle and works with her photographer husband, Chris, to make veganism accessible, fun, and delicious for everyone. She lives in Marina del Rey, California."

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Once an unabashed cheese lover and for a time even a fromagier kristy turner thought she could never go vegan but i could never go vegan takes inspiration from her own personal journey and helps others along their own journey towards being more informed educated and skilled in preparing hearty healthy and flavor

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turner read online but i could never go vegan without cheese it s not all rabbit food and your friends, but i could never go vegan is a really fun book blogger author extraordinaire kristy turner deliciously refutes every excuse you ve ever heard with 125 burs.

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Every excuse is deliciously refuted with chapters such as but vegan ingredients are way more expensive not when you can make your own homemade seitan tempeh bacon barbeque sauce zesty ranch dressing and tofu sour cream i could never give up cheese that excuse disappears with one bite of tempeh bacon mac n cheese with pecan parmesan tofu chèvre citrus herb roasted beet

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A self described former die hard cheese nerd kristy turner is now the writer recipe developer and food stylist behind the vegan food blog keepin it kind once a professional fromagier and mutterer of the words i could never be vegan kristy now loves her passionate lifestyle and works with her photog

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